

### who is neuday for?

Neuday is for anyone looking to better their health. You must be 18 years or older and reside in one of our licensed states. Once you have submitted your contact information, a telehealth appointment will help determine what treatment subscription is the most appropriate for you.

Neuday is currently only available in Texas, but we are working on expanding our states with licensed providers! Check back soon to see if we have expanded into your state.

#### what is the cost for neuday?

Compounded Semaglutide: Compounded Tirzepatide:

0.25mg — \$199.99/mo. 2.5mg — \$249.99/mo. 0.5-1.75mg — \$249.99/mo. 3.75-10mg — \$299.99/mo. 2-2.5mg — \$349.99/mo. 11.25-12.5mg — \$449.99/mo. 13.75-15mg — \$499.99/mo.

#### Referrals that sign up:

If your referral signs up with Neuday, you will receive \$50 off the next month's payment with a referral code.

# are there membership packages?

Compounded Semaglutide 0.5-1.75mg:

3 months: neuday silver member package — \$719.99 (\$239.99/mo.)
6 months: neuday gold member package — \$1379.99 (\$229.99/mo.)
12 months: neuday platinum member package — \$2399.99 (\$199.99/mo.)

#### Compounded Tirzepatide 3.75-10mg:

3 months: neuday silver member package — \$869.99 (\$289.99/mo.) 6 months: neuday gold member package — \$1679.99 (\$279.99/mo.)

12 months: neuday platinum member package — \$2999.99 (\$249.99/mo.)

## does neuday accept insurance?

Neuday is an easy process to sign up for and a monthly service begins upon qualification. Insurance is not required or accepted. Self-pay is done by debit or credit card.

Neuday's process will keep you on track for payment. You receive delivery to your front door in quality packaging with instructions, meaningful information, and discount options. There is no contract, but with larger orders, there are cost savings.

# what is the turnaround time to receive my medication?

Once payment is made, the medication is shipped and received in 2 to 5 business days. A telehealth visit is scheduled and followed up by our health coaching program to ensure any further questions are answered and weight loss expectations and goals are achieved.

# does neuday require a long-term contract?

No. Neuday subscriptions are on a month-to-month basis and you can cancel at any time. If you do need to cancel, please contact our customer support at **healthcoach@neuday.com**.



### when should I take my medication?

Neuday suggests that you administer your medication once weekly, on the same day, and at the same time. Our medications can be taken with or without food.

### does my medication require refrigeration?

Neuday's medication is formulated to be stable for unrefrigerated shipping, but we suggest when you receive your medication in the mail to transfer it to the refrigerator. If you know you will not be home during delivery for an extended period of time please contact our customer support team at **healthcoach@neuday.com** to see if we can reschedule your shipment.

# what are potential side effects?

Common side effects of semaglutide may include:

Nausea

- Headache
- Diarrhea
- Fatigue
- Vomiting
- Dyspepsia (indigestion)
- Constipation
  - n Dizziness
- Abdominal pain
- Abdominal distension (bloating)
- Eructation (belching)
- Hypoglycemia in patients with type 2 diabetes
- Flatulence (gas)
- Gastroenteritis
- Gastroesophageal reflux disease (GERD)

Less common side effects can occur with semaglutide. It is important for you or a caregiver to monitor for these effects, particularly at the beginning of treatment or after dose changes.

Thyroid C-Cell Tumors: In animal studies, semaglutide caused an increase in thyroid C-cell tumors, including medullary thyroid carcinoma (MTC). It is unknown if semaglutide causes thyroid C-cell tumors in humans. Cases of MTC were reported in patients who used liraglutide (the active ingredient in Victoza and Saxenda). Semaglutide is contraindicated in individuals with a family history of MTC or those with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). If you notice a lump or swelling in your neck, hoarseness, difficulty swallowing, or shortness of breath, contact your provider, as these could be symptoms of thyroid cancer.

**Inflammation of the Pancreas (Acute Pancreatitis):** Watch for signs of acute pancreatitis, such as severe abdominal pain that may radiate to the back, with or without vomiting.

**Acute Gallbladder Disease:** Semaglutide may cause gallbladder issues, including gallstones. Some gallbladder problems may require surgery. Contact your provider immediately if you experience upper stomach pain, yellowing of the skin or eyes (jaundice), fever, or clay-colored stools.

Low Blood Sugar (Hypoglycemia): Semaglutide lowers blood sugar and can cause dangerously low blood sugar in people with type 2 diabetes who are also taking other glucose-lowering medications. Monitor your blood sugar levels and watch for symptoms such as dizziness, blurred vision, mood changes, sweating, or a rapid heartbeat.

**Acute Kidney Injury:** In people with kidney problems, diarrhea, nausea, and vomiting can lead to dehydration, which may worsen kidney function. Drink plenty of water to reduce the risk of dehydration.

**Serious Allergic Reactions:** Stop using semaglutide immediately if you experience symptoms of a serious allergic reaction, such as swelling of the face, lips, tongue, or throat, severe rash or itching, rapid heartbeat, difficulty



breathing or swallowing, or fainting or dizziness.

**Diabetic Retinopathy Complications (in Type 2 Diabetes):** If you have type 2 diabetes, notify your provider immediately if you experience changes in vision.

Increased Heart Rate: Contact your provider if you experience a racing heartbeat while at rest.

**Suicidal Thoughts or Behavior:** Pay attention to any changes in your mental health, especially sudden changes in mood, behavior, thoughts, or feelings. If you notice any concerning mental health changes, contact your healthcare provider right away.

Never Share a Needle: Needle-sharing increases the risk of infection.



we look forward to starting your neuday journey